PRODUCT MONOGRAPH

[Pr]Clobex® Spray

clobetasol propionate solution

0.05% w/w

Topical Corticosteroid

GALDERMA CANADA INC. 55 Commerce Valley Drive W., 4th Floor Thornhill, ON L3T 7V9	Date of Preparation: September 14, 2007 Date of Revision: February 01, 2021

Submission Control No: 244309

RECENT MAJOR LABEL CHANGES

INDICATIONS AND CLINICAL USE, Pediatrics	02/2021
CONTRAINDICATIONS	02/2021
WARNINGS AND PRECAUTIONS, General	02/2021
WARNINGS AND PRECAUTIONS, Endocrine and Metabolism	02/2021
WARNINGS AND PRECAUTIONS, Ophthalmologic	02/2021
WARNINGS AND PRECAUTIONS, Special Populations, Pediatrics	02/2021
DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment	02/2021
DOSAGE AND ADMINISTRATION, How to use Clobex Spray	02/2021

Table of Contents

[Pr]CLOBEX® SPRAY
clobetasol propionate solution

0.05% w/w

PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Clinically Relevant Nonmedicinal Ingredients
Topical (spray)	solution, 0.05% w/w	alcohol *For a complete listing, see Dosage Forms, Composition and Packaging section.*

INDICATIONS AND CLINICAL USE

Clobex Spray (clobetasol propionate solution) 0.05% is indicated for:

- the treatment of moderate to severe plaque psoriasis.

Clobex Spray (clobetasol propionate solution) 0.05% is not indicated for long-term use. Patients should be instructed to use Clobex Spray for the minimum amount of time necessary. Intermittent use has not been studied.

Clobex Spray is a super-high potent topical corticosteroid formulation, indicated for use in the treatment of subjects 18 years of age and older. Treatment should be limited to a maximum of four consecutive weeks, and the total dose per week should not exceed 50 mL (50 g) per week (see **DOSAGE AND ADMINISTRATION**).

Geriatrics (> 65 years of age):
Limited data are available. See **WARNINGS AND PRECAUTIONS**.

Pediatrics (< 18 years of age):
Use in patients under 18 years of age is not recommended. Must not be used in children under 2 years of age.

CONTRAINDICATIONS

- Patients who are hypersensitive to clobetasol propionate, to corticosteroids, or to any ingredient in the formulation or component of the container. For a complete listing, see the **DOSAGE FORMS, COMPOSITION AND PACKAGING** section of the Product Monograph.

- Patients with skin areas affected by bacterial or mycobacterial infections (including tuberculosis of the skin), fungal infections involving the skin, certain viral diseases such as herpes simplex, chickenpox, and vaccinia, parasitic infections or ulcerous wounds.

- Must not be applied to the eyes and eyelids (risk of glaucoma, risk of cataract).

WARNINGS AND PRECAUTIONS

General

Use in those under 18 years of age is not recommended.

Hypersensitivity to corticosteroids can be observed. Clobex Spray (clobetasol propionate solution) 0.05% is not recommended in patients who are hypersensitive to other corticosteroids.

Topical corticosteroids are known to potentially induce post-treatment rebound, relapses, development of tolerance (tachyphylaxis) and development of local or systemic toxicity such as skin atrophy, infection (including isolated cases of systemic infections), telangiectasia of the skin or hypothalamic-pituitary-adrenal axis suppression.

In rare instances, treatment of psoriasis with corticosteroids (or its withdrawal) is thought to have provoked generalized pustular psoriasis in case of intensive and prolonged topical use.

Clobex Spray 0.05% is not recommended in patient with Acne vulgairs, rosacea or perioral dermatitis.

Clobex Spray 0.05% should not be used under occlusive dressing, over extensive areas, or on the face, axillae, or scrotum, as sufficient absorption may occur to give rise to adrenal suppression and other systemic effects.

Clobex Spray 0.05% must not applied on intertriginous areas (axillae and genitoanal regions) and on other erosive skin surfaces as this could increase the risk of topical adverse events such as atrophic changes, telangiectasia or cortico-induced dermatitis.

In the presence of fungal infections, an appropriate antifungal treatment should be instituted and Clobex Spray 0.05% should be discontinued until the fungal infection is cured. In the presence of a bacterial infection, an appropriate antibacterial agent should be instituted. If a favorable response does not occur promptly, Clobex Spray 0.05% should be discontinued until the bacterial infection is adequately controlled.

Carcinogenesis and Mutagenesis
See **TOXICOLOGY**.

Endocrine and Metabolism
Clobetasol propionate is a highly potent topical corticosteroid that has been shown to suppress the hypothalamic-pituitary-adrenal (HPA) axis.

Children may be more susceptible to system toxicity from use of topical corticosteroids.

Systemic absorption of topical corticosteroids has caused reversible adrenal suppression with the potential for glucocorticosteroid insufficiency after withdrawal of treatment. Manifestations of Cushing's syndrome, hyperglycemia, and glucosuria can also be produced in some patients by systemic absorption of topical corticosteroids while on treatment.

Conditions, which increase systemic absorption, include the application of the more potent steroids, use over large surface areas, prolonged use, and the addition of occlusive dressings. Therefore, patients applying a topical steroid to a large surface area or to areas under occlusion should be evaluated periodically for evidence of adrenal suppression (see **Monitoring and Laboratory Tests**). If adrenal suppression is noted, an attempt should be made to withdraw the drug, to reduce the frequency of application, or to substitute a less potent steroid. Recovery of HPA axis function is generally prompt upon discontinuation of topical corticosteroids. Infrequently, signs and symptoms of glucocorticosteroid insufficiency may occur, requiring supplemental systemic corticosteroids. For information on systemic supplementation, see the Prescribing Information for those products.

Two studies were conducted to evaluate the effect of twice daily applications of Clobex Spray 0.05% on HPA axis function in adults with plaque psoriasis covering at least 20% of their body. Study duration was two or four weeks. In the first study, four of 14 (29%) patients displayed adrenal suppression after four weeks of use. In the second study, four of 19 (21%) of patients in the two week treatment group and four of 17 (24%) of patients in the four week treatment group displayed adrenal suppression. Suppression was transient, and all patients had returned to normal within 15-16 days of therapy cessation.

Immune
Corticosteroids have immunosuppressive properties. Topical corticosteroids may decrease resistance to infection, increase the risk of opportunistic infection and also mask some signs of infection. With increasing doses of corticosteroids, the rate of occurrence of infectious complications increases.

Ophthalmologic
Clobex Spray 0.05% should not be used on plaques close to the eye because of the risk of increased intraocular pressure, glaucoma, and cataracts. Avoid any contact of the drug product with the eyes. In case of contact, the affected eye should be rinsed thoroughly with water. Prolonged corticosteroid use may produce posterior subcapsular cataracts (especially in children), increased intraocular pressure and glaucoma with possible damage to the optic nerves,

or rare diseases such as central serious chorioretinopathy (CSCR). It may also enhance secondary ocular infections due to fungi or viruses.

If a patient presents with symptoms such as blurred vision or other visual disturbances, the patient should be considered for referral to an ophthalmologist.

Sensitivity/Resistance

If irritation develops, Clobex Spray 0.05% should be discontinued and appropriate therapy instituted. Allergic contact dermatitis with corticosteroids is usually diagnosed by a failure to heal rather than by noting a clinical exacerbation, as is the case with most products not containing a corticosteroid.

Special Populations

Pregnant Women: There are no adequate and well-controlled studies of the teratogenic potential of clobetasol propionate in pregnant women. Clobex Spray 0.05% should be used during pregnancy only if its benefit justifies the potential risk to the fetus. The extent of exposure during the clinical trials with Clobex Spray 0.05% was very limited (one case).

Nursing Women: Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. It is not known whether topical administration of corticosteroids could result in sufficient systemic absorption to produce detectable quantities in human milk. Because many drugs are excreted in human milk, caution should be exercised when Clobex Spray 0.05% is administered to a nursing woman.

Clobetasol propionate should not be prescribed to breastfeeding women unless clearly indicated.

Pediatrics (< 18 years of age): Safety and effectiveness of Clobex Spray 0.05% have been established in patients 18 years and older. Insufficient data have been obtained in patients under the age of 18 years. Because of a higher ratio of skin surface area to body mass, pediatric patients are at a greater risk than adults for HPA axis suppression and Cushing's syndrome when they are treated with topical corticosteroids. They are therefore also at greater risk of adrenal insufficiency during and/or after withdrawal of treatment. Adverse effects including striae have been reported with inappropriate use of topical corticosteroids in infants and children.

Use in patients between 2 and 18 years of age is not recommended and is contraindicated in children below 2 years of age.

HPA axis suppression, Cushing's syndrome, linear growth retardation, delayed weight gain, and intracranial hypertension have been reported in children receiving topical corticosteroids. Manifestations of adrenal suppression in children include low plasma cortisol levels and an absence of response to ACTH stimulation. Manifestations of intracranial hypertension include bulging fontanelles, headaches, and bilateral papilledema.

Geriatrics (> 65 years of age): Clinical studies of Clobex Spray 0.05% did not include sufficient numbers of patients aged 65 years and over to determine whether they respond differently than younger patients. In general, dose selection for an elderly patient should be made with caution reflecting the greater frequency of decreased hepatic, renal or cardiac function, and of concomitant disease or other drug therapy.

Hepatically Impaired: Patients with severe liver dysfunction and severe diabetes mellitus should be treated with special caution and closely monitored for side effects.

Monitoring and Laboratory Tests

The following tests may be helpful in evaluating patients for HPA axis suppression:

- ACTH stimulation test
- A.M. plasma cortisol test
- Urinary free cortisol test

ADVERSE REACTIONS

Adverse Drug Reaction Overview

The most common adverse reaction reported with Clobex Spray (clobetasol propionate solution), 0.05% is burning at the application site. Other common adverse reactions are local site effects as well, including pruritus, dryness, pain, hyperpigmentation around resolving plaque, irritation, and atrophy. Most local adverse events were rated as mild to moderate and were not affected by age, race or gender.

One serious, unexpected adverse event, designated as possibly related to treatment by the clinical investigator, was reported during the clinical trial programme with Clobex Spray 0.05%. This severe event was reported as paranoid delusions in a subject with a seven-year history of intermittent methamphetamine use. Although the event was thought to be related to methamphetamine use by the treating psychiatrist, the possibility of a treatment relationship to clobetasol propionate solution (i.e., spray) could not be absolutely ruled out by the investigator.

Systemic absorption of topical corticosteroids has produced reversible HPA axis suppression, manifestations of Cushing's syndrome, hyperglycemia, and glucosuria in some patients.

The following additional local adverse reactions have been reported with topical corticosteroids in general, and they may occur more frequently with the use of occlusive dressings, use over a prolonged period of time, or use over large surface areas, especially with higher potency corticosteroids, including clobetasol propionate. These reactions include: irritation, dryness, itching, burning, folliculitis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, skin atrophy, atrophy of subcutaneous tissues, telangiectasia, hypertrichosis, change in pigmentation, opportunistic infection, hypersensitivity, glaucoma, striae and miliaria. If applied to the face, acne rosacea or perioral dermatitis can occur. When occlusive dressings are used, pustules, miliaria, folliculitis and pyoderma may occur. In rare instances, treatment of

psoriasis with systemic or very potent topical corticosteroids (or their withdrawal) is thought to have provoked the pustular form of the disease.

Rebound effect may occur upon treatment discontinuation.

Clinical Trial Adverse Drug Reactions

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

The data presented in Table 1, below, include the combined data from two multicentre, randomized, blinded, vehicle-controlled studies conducted in patients 18 years of age or older, with moderate to severe plaque psoriasis. Clobex Spray 0.05% or Spray Vehicle were applied twice daily to affected areas until healing, or for a maximum of four weeks.

Table 1 Treatment Related Adverse Events (At Least Possibly Related) Occurring at a Frequency of ≥1% of Subjects in at Least One Group (Clinical Studies TI01-01008 and TI01-01010 Combined)

	Clobex Spray 0.05% n=120 (%)	Spray Vehicle n= 120 (%)
General disorders and administration site conditions		
Application site atrophy	0 (0%)	1 (1%)
Application site burning	47 (39%)	55 (46%)
Application site pruritus	3 (3%)	3 (3%)
Application site dryness	2 (2%)	0 (0%)
Application site irritation	1 (1%)	0 (0%)
Application site pain	1 (1%)	2 (2%)
Application site pigmentation changes	1 (1%)	0 (0%)
Oedema peripheral	0 (0%)	1 (1%)
Sensation of pressure	0 (0%)	1 (1%)
Musculoskeletal and connective tissue disorders		
Pain in extremity	0 (0%)	1 (1%)
Skin and subcutaneous tissue disorders		
Eczema asteatotic	2 (2%)	0 (0%)
Psoriasis aggravated	0 (0%)	1 (1%)

Abnormal Hematologic and Clinical Chemistry Findings

One subject treated for four weeks with Clobex Spray 0.05% experienced an elevated WBC, which was designated by the investigator as possibly related to treatment.

Post-market Adverse Drug Reactions

Eye Disorders: Blurred vision.

DRUG INTERACTIONS

Overview

To date, there have not been any documented interactions with Clobex Spray (clobetasol propionate solution) 0.05%.

Drug-Drug Interactions

Interactions with other drugs have not been established.

Drug-Food Interactions
Interactions with food have not been established. However, given the topical route of administration, such interactions seem unlikely.

Drug-Herb Interactions
Interactions with herbal products have not been established.

Drug-Laboratory Interactions
Interactions with laboratory tests have not been established.

DOSAGE AND ADMINISTRATION

Dosing Considerations
Treatment should be limited to adult patients aged 18 years of age and older

Recommended Dose and Dosage Adjustment
Clobex Spray (clobetasol propionate solution) 0.05% should be applied to the affected skin areas twice daily and rubbed in gently and completely. Wash hands carefully with water after application.

Treatment with Clobex Spray 0.05% should be limited to four weeks. Treatment beyond two weeks should be limited to localized lesions of moderate to severe plaque psoriasis that have not sufficiently improved after the initial two weeks of treatment with Clobex Spray 0.05%.

Total dosage of the product should not exceed 50 mL per week because of the potential for the drug to suppress the hypothalamic-pituitary-adrenal (HPA) axis. Therapy should be discontinued when control has been achieved. If no improvement is seen within two weeks, reassessment of diagnosis may be necessary.

Clobex Spray (clobetasol propionate solution) 0.05% is not indicated for long-term use. Patients should be instructed to use Clobex Spray for the minimum amount of time necessary. Intermittent use has not been studied.

Clobex Spray 0.05% should not be used with occlusive dressings.

Missed Dose
In the event of a missed dose, Clobex Spray 0.05% should be applied as soon as possible after the missed dose is remembered. If this is close to the scheduled application time for the next dose, the subject should wait and apply the next scheduled dose. The usual schedule should be resumed thereafter.

Administration
Clobex Spray 0.05% should be applied to the affected skin areas twice daily and rubbed in gently and completely.

How to use Clobex Spray:

The following instructions outline the proper use of Clobex (clobetasol propionate) Spray 0.05%. The Pump Top and Directional Spray Nozzle mechanism are described in the figure below (Fig.1).

Fig. 1

When you receive Clobex Spray, the Directional Spray Nozzle is in the "locked" position (see Fig. 2).


Fig. 2

To use Clobex Spray follow Steps 1 through 3.

Step 1: Grip the sides of the Pump Top with one hand and use your second hand to point the Directional Spray Nozzle where you want the spray to go (see Fig. 3). The spray will be delivered through the nozzle opening at the end of the Directional Spray Nozzle.


Fig. 3

Step 2: Push down on the Pump Top to spray Clobex Spray (see Fig.4).


Fig. 4

Step 3: Spray only enough to cover affected area. Rub gently to ensure even coverage. Do not apply Clobex Spray to your face, underarms or groin and avoid contact with eyes and lips (see Fig. 5). In case of contact, rinse thoroughly with water.

Fig. 5

OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre.

In case of chronic overdose or misuse, the features of hypercortisolism may appear and in this situation, treatment should be discontinued gradually. However, because of the risk of acute adrenal suppression, this should be done gradually under medical supervision (see **WARNINGS AND PRECAUTIONS**).

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

Clobetasol propionate is a super-high potency topical corticosteroid. Like other topical corticosteroids, clobetasol propionate has anti-inflammatory, antipruritic, and vasoconstrictive properties. The mechanism of the anti-inflammatory activity of the topical steroids, in general, is unclear. However, corticosteroids are thought to act by the induction of phospholipase A_2 inhibitory proteins, collectively called lipocortins. It is postulated that these proteins control the biosynthesis of potent mediators of inflammation such as prostaglandins and leukotrienes by inhibiting the release of their common precursor, arachidonic acid. Arachidonic acid is released from membrane phospholipids by phospholipase A_2.

Pharmacodynamics

The vasoconstriction capacity of Clobex Spray (clobetasol propionate solution) 0.05% is comparable to that of cream formulations of clobetasol propionate and superior to that of amcinonide cream, 0.1%.

Pharmacokinetics

The extent of percutaneous absorption of topical corticosteroids is determined by many factors, including the vehicle, the integrity of the epidermal barrier and the use of occlusive dressings. Topical corticosteroids can be absorbed from normal intact skin while inflammation and/or other disease processes in the skin may increase percutaneous absorption.

Once absorbed through the skin, topical corticosteroids are handled through pharmacokinetic pathways similar to systemically administered corticosteroids. They are metabolized, primarily

in the liver, and are then excreted by the kidneys. In addition, some corticosteroids, including clobetasol propionate and its metabolites, are also excreted in the bile.

STORAGE AND STABILITY

Store at room temperature (15º - 30ºC). Do not refrigerate. Keep tightly closed. Product is flammable, and should be kept away from heat or open flame. Keep in a safe place out of the reach of children.

DOSAGE FORMS, COMPOSITION AND PACKAGING

Clobex Spray (clobetasol propionate solution) 0.05% is available in 59 mL (50 g) bottles. Each gram contains 0.5 mg of clobetasol propionate, in a vehicle base composed (% w/w) of alcohol (49.3%), isopropyl myristate (50.3%), sodium lauryl sulphate (0.1%), and undecylenic acid (0.3%). Each 59 mL bottle is accompanied by a spray pump which is to be attached by the pharmacist prior to dispensing the product. Each spray from the pump delivers approximately 0.16 mL.

PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

Drug Substance

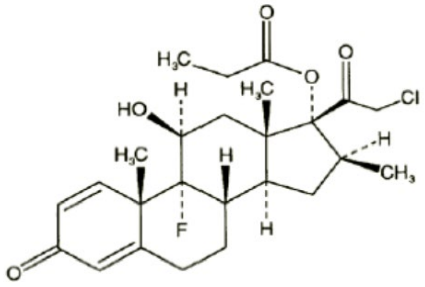
Proper name: Clobetasol propionate

Chemical name: 21-chloro-9-fluoro-11∃, 17-dihydroxy-16∃ -methylpregna-1, 4-diene-3, 20-dione 17-propionate

Molecular formula: $C_{25}H_{32}ClFO_5$ (CAS Registry Number 25122-46-7)

Molecular mass: 466.97 grams/mole

Structural formula:



Physicochemical properties: White to practically white crystalline powder that is insoluble in water, and has a melting point of approximately 196ºC.

CLINICAL TRIALS

Study demographics and trial design

Table 2 Summary of patient demographics for clinical trials in moderate to severe plaque psoriasis

Study #	Trial design	Dosage, route of administration and duration	Study subjects (n=number)	Mean age (Range)	Gender
TI01-01008	Multicentre, randomized, double-blind, vehicle-controlled, parallel comparison	Twice daily application of a thin film to psoriatic plaques for up to four weeks	120 (60/arm)	48 (21-76)	72 M / 48 F
TI01-01010	Multicentre, randomized, double-blind, vehicle-controlled, parallel comparison	Twice daily application of a thin film to psoriatic plaques for up to four weeks	120 (60/arm)	46 (18-81)	36 M / 29 F

Two multicentre, randomized, blinded, vehicle controlled studies were performed in patients with moderate to severe plaque psoriasis covering at least 2% of the body surface area. Patients were treated twice daily for up to four weeks with either Clobex Spray (clobetasol propionate solution) 0.05% or Spray Vehicle.

Study results

Efficacy assessments were based on Investigator assessments of the signs and symptoms of psoriasis. The primary measure of efficacy variable was the Overall Disease Severity score, dichotomized to success or failure. Success was defined as a Grade of 2 or less on a 0-4 point scale at Week 2 or earlier and defined as a Grade of 1 or less on a 0-4 point scale at the end of treatment (Week 4 or later).

Table 3 Results of Studies TI01-01008 and TI01-01010, separately and combined, in moderate to severe plaque psoriasis

Study No.	Primary Endpoint	Clobex Spray 0.05%	Spray Vehicle	Statistical Significance[c]
TI01-01008	**Week 2 Overall Disease Severity[a]** Success Failure	87% 13%	28% 72%	$p < 0.001$
	Week 4 Overall Disease Severity[b] Success Failure	78% 22%	3% 97%	$p < 0.001$
TI01-01010	**Week 2 Overall Disease Severity[a]** Success Failure	87% 13%	27% 73%	$p < 0.001$
	Week 4 Overall Disease Severity[b] Success Failure	82% 18%	2% 98%	$p < 0.001$
Combined	**Week 2 Overall Disease Severity[a]** Success Failure	87% 13%	28% 72%	$p < 0.001$
	Week 4 Overall Disease Severity[b] Success Failure	80% 20%	3% 97%	$p < 0.001$

a Success is defined as a grade of 2 or less on the 0-4 point Overall Disease Severity Scale.
b Success is defined as a grade of 1 or less on the 0-4 point Overall Disease Severity Scale.
c P-value from a Cochran-Mantel-Haenszel test, stratified by grouped study sites. The Week 4 analysis is considered statistically significant if and only if statistical significance is achieved for both the Week 2 and Week 4 analyses.

DETAILED PHARMACOLOGY

Animal Studies

Pharmacodynamics

In Vitro Studies

Although its mechanism of action has not been established, clobetasol propionate is thought to act by induction of phospholipase A_2 inhibitory proteins, collectively called lipocortins. In literature, among others by Schimmer and Parker[6] it is described that these proteins control the biosynthesis of potent mediators of inflammation such as prostaglandins and leukotrienes by inhibiting the release of their common precursor, arachidonic acid. The physiological release of arachidonic acid from membrane phospholipids is under control of phospholipase A_2.

In Vivo Studies

Dermatopharmacologic investigations were reported by Yawalkar et al.[10] on clobetasol propionate in comparison with two other topical corticosteroids (halobetasol propionate and hydrocortisone). Several animal models as the croton oil-induced ear edema model in rats and mice, and the ultraviolet-induced dermatitis inhibition test in guinea pigs demonstrated the effects of clobetasol propionate on topical non-immune inflammation. Again, Yawalkar et al.[10] demonstrated the effects of clobetasol propionate in comparison with halobetasol propionate and hydrocortisone on topical immune inflammation, in oxazolone-induced dermatitis in rats and mice. Bäck and Egelrud[1] utilised a picryl chloride contact sensitivity model, demonstrating that topical application of clobetasol propionate completely suppressed the hypersensitization reaction, resulting in total inhibition of the inflammatory oedema. The inflammation was reduced to a great extent in the control ear not treated with clobetasol propionate, indicating a systemic effect of the product.

The fact that clobetasol propionate could induce a six-fold induction of ethoxycoumarin-O-dealkylase activity in skin[2] indicates that there is a potential for drug-drug interaction with other topical drugs that could be metabolised by the same enzyme.

Pharmacokinetics

The metabolism of clobetasol propionate has never been fully characterized or quantified; it is assumed that its metabolism follows that of systemically administered adrenocortical steroids. The metabolism of steroid hormones involves sequential addition of oxygen or hydrogen atoms followed by conjugation to form water-soluble derivatives. The double bond at the 4, 5 position is reduced both in the liver and extrahepatically to produce inactive compounds. Reduction of the 3-ketone group to a 3-hydroxyl group occurs only in the liver. Most of these reduced compounds are subsequently conjugated with glucuronide or sulfate in the liver, and to a lesser extent in the kidney. These sulfate esters and glucuronides form water-soluble derivatives that are excreted in the urine[6].

In the animal species evaluated, the primary excretion route of clobetasol propionate after dermal dosing was via feces. The totals excreted via feces and urine up to the 96th hour after administration was 9.20%, 1.22% and 8.86% of the administered radioactivity for cream, ointment and solution, respectively. The remaining amounts in the body (excluding site of application) were 0.92%, 0.42% and 2.85% of the administered amount, respectively. These results indicated that when applied dermally, the absorption was satisfactory with the cream and solution but not with the ointment, and that when the drug was administered in the form of cream or solution (dermally), a reasonable plasma concentration of the drug could be maintained for a long period of time, even after a single administration.

Human Studies

Pharmacodynamics

In Vivo Studies
Results of a study in healthy volunteers have shown the vasoconstrictive capacity of Clobex Spray (clobetasol propionate solution) 0.05% to be comparable to that of a cream formulation of clobetasol propionate 0.05% and superior to that of amcinonide 0.1% cream.

Pharmacokinetics
There are no human data regarding the distribution of corticosteroids to body organs following topical application. Nevertheless, once absorbed through the skin, topical corticosteroids are handled through pharmacokinetic pathways similar to systemically administered corticosteroids. Corticosteroids absorbed through the skin are metabolized primarily in the liver and are then excreted by the kidneys. In addition, some corticosteroids and their metabolites are also excreted in the bile.

If absorbed through the skin, clobetasol propionate will be metabolised by the liver and excreted primarily via bile into the feces.

TOXICOLOGY

Human Studies

A 21-day cumulative irritation test was performed to assess the potential of the test product, Clobex Spray (clobetasol propionate solution) 0.05%, and Spray Vehicle to induce dermal irritation as a result of repeated applications. Each subject received up to a total of 18 applications each of Clobex Spray 0.05%, Spray Vehicle, and the positive control 0.5% Sodium Lauryl Sulfate solution under occlusive patches over a three-week period. Patches containing test material were placed on the backs of subjects and left in place for 24 hours. After a minimum of five minutes from patch removal, the sites were graded for irritation. Based on the cumulative irritation scores recorded, Clobex Spray 0.05%, and Spray Vehicle were classified as somewhat irritating, while the positive control was classified as extremely irritating.

A repeated insult patch test was conducted to assess the potential of Clobex Spray 0.05% and Spray Vehicle to induce dermal irritation and contact allergy as a result of repeated applications. This study consisted of three phases; I) a three-week induction phase, ii) a two-week rest period, and iii) a challenge phase. During the three-week induction phase, test materials were applied three times per week (Monday, Wednesday, and Friday). After a two-week rest period, one challenge application of each test material was made. Each subject received a total of ten applications of each test article over a six-week period.

During the induction phase, the majority of reactions were rated as no sign of irritation, slight erythema or noticeable erythema with slight irritation. During the challenge phase, the both test

articles typically produced slight erythema, and Clobex Spray 0.05% and the Spray Vehicle were considered by the investigator to be somewhat irritating and not sensitizers.

A phototoxicity study was performed to assess the phototoxicity potential of Clobex Spray 0.05% and of the Spray Vehicle following exposure to UVA and UVB light. There was one Grade 1 reaction at the 48-hour post irradiation grading at sites for each of the test articles. All other grades at irradiated sites were zeroes. The scores for all non-irradiated sites and the irradiated control site were also all zeroes. Both the Clobex Spray 0.05% and the Spray Vehicle were considered by the investigator to be "not phototoxic."

A photocontact allergy study was performed to assess the safety and photocontact allergy potential of, Clobex Spray 0.05% and the Spray Vehicle. During the induction phase, all of the reactions at irradiated sites were rated as no sign of irritation, slight erythema, or noticeable erythema with slight irritation for both Clobex Spray 0.05% and for the Spray Vehicle. At non-irradiated sites, the majority of reactions were no sign of irritation or very slight erythema, with only few graded as noticeable erythema with slight irritation for both products.

During the challenge phase, three subjects treated with Clobex Spray 0.05% had slight erythema that fell to no sign of irritation at the final assessment of the irradiated sites. In the Spray Vehicle group, four subjects had a reaction graded as slight erythema at the final grading and five subjects had either slight erythema or noticeable erythema with irritation that fell to no sign of irritation at the final grading. Both Clobex Spray 0.05% and the Spray Vehicle were considered not to cause photoallergy reactions by the investigator.

Animal Studies

Acute Toxicity

Acute toxicity was determined in mice and rats using subcutaneous, oral, and intraperitoneal routes. The animals received a single dose of different concentrations of clobetasol propionate and were observed for three consecutive weeks. The LD_{50} value obtained by the subcutaneous route in mice was 81.7 mg/kg for all animals. None of the mice died after oral administration up to 3 g/kg. The LD_{50} value obtained by the intraperitoneal route in mice was 156 mg/kg for males and 118 mg/kg for females. The subcutaneous LD_{50} value for male rats was 397 mg/kg and 366 mg/kg for female rats. None of the rats died after oral administration up to 3 g/kg. The LD_{50} value by the intraperitoneal route for male rats was 414 mg/kg and 351 mg/kg for female rats. (Kuramoto 1975)

Repeated Dose Toxicity

Using Clobex Spray 0.05%, a no observed effect dose level (NOEL) of 150 mg formulation/kg/day (safety factor of 0.9) was established for systemic toxicity in a 90-day subchronic micropig study. In a dermal toxicity study with Hanford minipigs, doses of 60, 120 and 240 mg/kg/day (safety factor 0.3, 0.65, 1.3, respectively) of Clobex Spray 0.05% were applied for nine months followed by a one month recovery. Treatment related decreases in body weight and histopathological findings precluded the determination of a NOEL in this study.

A 90-day dermal irritation study was conducted in Sprague Dawley rats. Concentration of clobetasol propionate was varied to produce 0.001%, 0.005%, 0.015%, and 0.05% sprays. Dosing was rotated between two 20 cm^2 sites on the back and a constant volume of 0.16 mL/kg/dose (800 mg formulation/m^2/dose) was chosen based on the results a vehicle dose range finding study that found 0.24 mL/kg/dose could be tolerated in rats for 14 days. Based on the results of this study, the no-observed-adverse-effect (NOAEL) level was considered to be the 0.001% or 0.13 mg/kg (safety factor of 0.007). The effects noted during or at the end of the treatment period were reversible and most resolved almost completely by the end of a one month recovery period.

Carcinogenicity
Few animal studies have been performed to evaluate the carcinogenic potential of isopropyl myristate and there are no detailed systemic absorption data for this compound in humans or animals.

No classical animal studies have been performed to evaluate the carcinogenic potential of clobetasol propionate.

One 18-month study was performed in mice to evaluate the carcinogenic potential of fluticasone propionate (medium-potency corticosteroid) when given topically as a 0.05% ointment. No evidence of carcinogenicity was found in this study. No evidence of pre-neoplastic lesions was noted in a 6-month toxicity study performed with clobetasol propionate by the subcutaneous route in rats.

Mutagenicity
Clobetasol propionate was negative in the *in vivo* mammalian erythrocyte micronucleus test and in the *in vitro* mammalian chromosome aberration test conducted.

Reproductive Toxicity
Segment I fertility studies in rats following oral administration at doses up to 50 µg/kg per day revealed an increase in the number of the resorbed embryos and a decrease in the number of living foetuses at the highest dose.

In another Segment I study, male rats were dosed subcutaneously twice daily beginning 70 days before cohabitation and continuing through the day before sacrifice and female rats were dosed twice daily beginning 15 days before cohabitation and continuing through Day 7 of presumed gestation. A dosage level of less than 12.5µg/kg/day clobetasol propionate (safety factor 0.03) was considered to be the NOEL for paternal and maternal general toxicity and male reproductive toxicity. The female reproductive NOEL was 12.5 µg/kg/day (safety factor 0.03).

Segment II teratogenicity studies in mice, rats and rabbits showed clobetasol propionate to be teratogenic when administered sub-cutaneously or topically. Abnormalities seen include fetal immaturity and several malformations, cleft palate, cranioschisis and skeletal abnormalities, in combination with maternal toxicity. There are no adequate and well-controlled studies in pregnant women.

A Segment II study was performed in rats using Clobetasol Propionate Lotion applied dermally at dose levels of 0.05, 0.15, and 0.5 mg/kg/day. Dose-related maternal and fetal toxicity was observed, and fetal immaturity was observed at all dose levels. A variety of fetal malformations were observed at 0.15 and 0.5 mg/kg/day, in combination with maternal toxicity.

In a Segment III study, females were dosed with clobetasol propionate suspended in 0.04% Tween® 80 in saline administered subcutaneously from Day 7 of presumed gestation through Day 20 postpartum or Day 24 presumed gestation for those rats that did not deliver a litter. The maternal NOEL for clobetasol propionate was less than 12.5 µg/kg/day (safety factor 0.03) due to reduced body weight gain and feed consumption during the gestation period. The reproductive NOEL in the dams was 25 µg/kg/day (safety factor 0.07). The NOAEL for viability and growth in the offspring was 12.5 µg/kg/day (safety factor 0.03).

Local Tolerance

Results from special toxicity studies evaluating primary dermal and ocular irritation potential showed that Clobex Spray 0.05% is not a skin irritant or a skin sensitizer, but does produce moderate irritation in the Kay and Calandra Ocular Evaluation.

REFERENCES

1. Bäck O, Egelrud T. Topical glucocorticoids and suppression of contact sensitivity. A mouse bioassay of anti-inflammatory effects. Br. J. Dermatol 1985;112:539-545.

2. Finnen JM, Herdman ML, Shuster S. Induction of drug metabolizing enzymes in the skin by topical steroids. J Steroid Biochem 1984; 20:1169-1173.

3. Kuramoto M, Ishimura Y, Morimoto J, Lee SY, Okubo T. Study on the toxicity of clobetasol 17-propionate: 1. Acute toxicity by oral, subcutaneous and intraperitoneal applications and subacute and chronic toxicities by subcutaneous successive applications in rats. Shikoku Igaku Zhassi 1975a; 31(6):377-98.

4. Kuramoto M, Ishimura Y, Morimoto J, Lee SY, Okubo T. Study on the toxicity of clobetasol 17-propionate 2 - Toxicities of clobetasol 17-propionate by percutaneous successive one and three month applications in rats. Shikoku Igaku Zhassi 1975b;31(6):399-416.

5. Kuramoto M, Tanaka M, Ai S, Shigemi F, Takeda K, Oguro S, Matsuura H. Reproductive effects of clobetasol-17-propionate after administration to rats during the perinatal and lactation periods. Kosi to Rinsho 1977; 11(1):17-36.

6. Schimmer BP, Parker KL. Adrenocorticotropic hormone: adrenocortical steroids and their synthetic analogs; inhibitors of the synthesis and actions of adrenocortical hormones. In: Hardman JG, Limbird LE, eds. Goodman and Gilman's The pharmacological basis of therapeutics. New York: McGraw Hill, 2001:1649-77.

7. Shimo T, Takahara Y, Noguchi Y, Mukawa A, Kato H, Ito Y. Comparative toxicity test of dexamethasone valerate (DV-17) and other steroid ointments in rats. J Toxicol Sci 1982;7 (Supp 1):15-33.

8. Study TI01-01008. A Randomized, Double Blind, Vehicle Controlled, Parallel Group Study of the Safety and Efficacy of Clobetasol Propionate 0.05% Spray versus its Vehicle Spray in the Treatment of Plaque Psoriasis. (Unpublished data)

9. Study TI01-01010. A Randomized, Double Blind, Vehicle Controlled, Parallel Group Study of the Safety and Efficacy of Clobetasol Propionate 0.05% Spray versus its Vehicle Spray in the Treatment of Plaque Psoriasis. (Unpublished Data)

10. Yawalkar S, Wiesenberg-Boettcher I, Gibson JR, Siskin SB, Pignat W. Dermatopharmacologic investigations of halobetasol propionate in comparison with clobetasol 17-propionate. J Am Acad Dermatol 1991; 25(6):1137-44.

PART III: CONSUMER INFORMATION

PrCLOBEX® SPRAY
Clobetasol Propionate Solution

This leaflet is part III of a three-part "Product Monograph" published when Clobex Spray was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about Clobex Spray. Contact your doctor or pharmacist if you have any questions about the drug.

ABOUT THIS MEDICATION

What the medication is used for:
- the treatment of moderate to severe plaque type psoriasis in adults, aged 18 years and older.

What it does:
Clobex Spray works to reduce redness, scaling, and itching that occur with psoriasis.

When it should not be used:
Do not use Clobex Spray:
- if you are allergic to clobetasol propionate, corticosteroids or to any of the other ingredients in Clobex Spray.
- if you have a bacterial, mycobacterial (including tuberculosis) or fungal infection of the skin.
- if you have a virus (such as herpes simplex, chickenpox or vaccinia), a parasitic infection or wounds that have becomes ulcers.
- on the eyes or eyelids.

Clobex Spray must not be used in children under 2 years of age and is not recommended for use in children under 18 years of age.

What the medicinal ingredient is:
clobetasol propionate

What the nonmedicinal ingredients are:
alcohol, isopropyl myristate, sodium lauryl sulphate, and undecylenic acid

What dosage forms it comes in:
Clobex Spray is a spray formulation for the skin that comes in 59 mL (50 g) bottles. Each gram of spray contains 0.5 mg of clobetasol propionate.

WARNINGS AND PRECAUTIONS

BEFORE you use Clobex Spray talk to your doctor or pharmacist if you:
- have a weak immune response
- have acne rosacea or acne vulgaris
- need to have any surgery for any reason including dental surgery
- have plaques around your mouth, underarms, anus, or genitals
- have a fungal or bacterial infection
- are pregnant, think you are pregnant, plan to be pregnant, or are nursing an infant. Your doctor will decide with you whether the benefits in using Clobex Spray will be greater than the risks. If possible, delay treatment with Clobex Spray until after the baby is born.

Clobex Spray is not for long-term use. Use Clobex Spray for the minimum amount of time necessary. Not to be used with occlusive dressing or to be applied to a large area and its use may cause reversible adrenal suppression (shut down of adrenal glands).

INTERACTIONS WITH THIS MEDICATION

There are no known interactions with this medication, but please tell your doctor or pharmacist about other medications, that you are taking or are planning to take, including non-prescription drugs, vitamins, and natural health products.

PROPER USE OF THIS MEDICATION

Clobex Spray is for topical use only. It is not to be used orally, in the eyes or on the genitals.

Clobex Spray is flammable. Avoid using it near sources of heat or open flame.

Before applying Clobex Spray, wash the area to be treated with a mild cleanser, pat dry, and wait several minutes.

Use as directed by your doctor

Usual adult dose:
Apply twice daily, once in the morning and once at night. Use only enough to cover the affected areas.

How to use Clobex Spray:
Please read the following instructions before using Clobex Spray. The terms described in the figure below (Fig.1) will help you understand these instructions.

Fig. 1

When you receive Clobex Spray, the Directional Spray Nozzle is in the "locked" position (see Fig. 2).


Fig. 2

To use Clobex Spray follow Steps 1 through 3.

Step 1: Grip the sides of the Pump Top with one hand and use your second hand to point the Directional Spray Nozzle where you want the spray to go (see Fig. 3). The spray will be delivered through the nozzle opening at the end of the Directional Spray Nozzle.


Fig. 3

Step 2: Push down on the Pump Top to spray Clobex Spray (see Fig.4).


Fig. 4

Step 3: Spray only enough to cover affected area. Rub gently to ensure even coverage. Wash your hands after applying Clobex Spray. Do not apply Clobex Spray to your face, underarms or groin and avoid contact with eyes and lips (see Fig. 5). In case of contact, rinse thoroughly with water.

Fig. 5

The maximum recommended single dose should not exceed 3.6 mL (about ¾ of a teaspoon), or 23 sprays (each pump spray is about 0.16 mL).

Single application not to exceed 20% body surface area.

DO NOT APPLY MORE THAN THE PRESCRIBED AMOUNT (50 g or one complete bottle of spray per week maximum).

Not to be used with occlusive dressings.

Stop using Clobex Spray as soon as your plaques have healed. After four weeks, you must stop using the product, even if you are not completely healed, and speak to your doctor.

Overdose:

If you or a child accidentally swallows Clobex Spray or experiences an overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

Missed Dose:
If you forget to apply Clobex Spray at the scheduled time, use it as soon as you remember. Then go back to your regular schedule. If it is about time for your next dose, apply just that one dose, and continue with your regular schedule the next day. Do not make up the missed dose. If you miss several doses, tell your doctor.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Side effects may include:

- burning, pain
- dry skin, skin irritation
- itching, rash, redness
- thinning of the skin
- darkening of the skin around the plaque being treated
- inflammation and infection of the hair follicles (folliculitis)
- spider veins
- stretch marks

Clobex Spray can pass through your skin. Too much Clobex Spray passing through your skin can shut down your adrenal glands (**Adrenal suppression**). This may happen if you use too much Clobex Spray or if you use it for too long, but it can happen with correct use. If your adrenal glands shut down, they may not start working right away after you stop using Clobex Spray which will make it hard for your body to respond properly to stress or illness. It can also cause the symptoms of **Cushing's syndrome**. This is due to too much corticol (a hormone) in your blood. It has also caused high levels of blood sugar (**hyperglycemia**) and high levels of sugar in the urine. Your doctor may do special blood and urine tests to check your adrenal gland function, hormone levels and sugar levels while you are using Clobex Spray.

Clobex Spray may hide symptoms of infections, may cause inactive infections to become active, and may cause infections by normally inoffensive organisms due to lowered body resistance.

If Clobex Spray is applied too close to the eye or eyelids, it may increase chance of **glaucoma** (increased eye pressure) and **cataract** (clouding of the lense of the eye).

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect		Talk with your doctor or pharmacist		Stop taking drug and call your doctor or pharmacist
		Only if severe	In all cases	
Uncommon	**Adrenal suppression (dizziness, nausea, vomiting, fever, chest pain, can lead to death)**			√
	Glaucoma or Cataract (blurred vision, eye pain or other vision problems)		√	
	Worsening of psoriasis (red, scaly, thick patches of skin)			√
	Wounds that are slow to heal	√		
	Cushing's syndrome (weight gain in the upper body, puffy face, skin problems, hirsutism (excessive hair growth in females, acne, irregular periods), infections)			√
	Hyperglycemia (high levels of sugar in the blood) (increased thirst/hunger, frequent urination, dizziness, sweating)		√	

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM				
Symptom / effect		**Talk with your doctor or pharmacist**		**Stop taking drug and call your**
	Allergic reaction (rash, hives, swelling of the face, lips, tongue or throat, difficulty swallowing or breathing)			√
	Allergic contact dermatitis (red rash, itching, dry, scaly skin, oozing and crusting, swelling, tenderness)		√	

This is not a complete list of side effects. For any unexpected effects while using Clobex Spray, contact your doctor or pharmacist.

HOW TO STORE IT

Store at room temperature (15 - 30°C). Do not refrigerate. Keep tightly closed. The spray is flammable, and must be kept away from heat or flame.

Keep in a safe place out of the reach and sight of children.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

MORE INFORMATION

This document plus the full Product Monograph prepared for health professionals can be obtained by contacting the sponsor, Galderma Canada Inc., at: 1-800-467-2081

This leaflet was prepared by Galderma Canada Inc.

Last revised: February 01, 2021